



I International Congress on Sports Medicine and Traumatology

2019 MARCH 21 22 23
VITORIA-GASTEIZ

MARCH 21st, MARCH SPORTS MEDICINE. LATEST TECHNOLOGIES.

MORNING

08:15 h. Congress accreditation start.

09:00 h – 09:30 h. Official opening of the congress with the presence of authorities.

09:30 h – 10:00 h. Opening speech: Intraosseous plasma and bone edema in the world of sports.

Dr. Mikel Sánchez Álvarez.

10:00 h – 10:30 h. Therapy with mesenchymal cells derived from adipose tissue in joint pathology.

Dr. Damir Hudetz.

10:30 h – 11:00 h. Shockwaves and tendon injuries.

Dr. Santiago Gómez García.

11:00 h – 11:30 h. Thermography.

Dr. Marina Gil Calvo.

11:30 h – 12:00 h. Theragun system.

Dr. Jason Wersland.

12:00 h – 12:30 h. Coffee break.

12:30 h – 13:00 h. Diamagnetic Therapy.

Michela Galizzi.

13:00 h – 13:30 h. Debate.

Moderator: Dr. Javier Barrio Martínez.

14:30 h – 15:30 h. Lunch.

AFTERNOON

15:30 h – 16:00 h. Implications of genetics in sports medicine and performance. Success stories.

Dr. Jose M. Aznar.

16:00 h – 16:30 h. Alter G and rehabilitation in sports.

Dr. Miguel Moreno Martínez.

16:30 h – 17:00 h. Update in effort tests.

Dr. Pablo Aranda Paz.

17:00 h – 17:30 h. Debate.

Moderator: Dr. Sigifredo Miranda Leiva.

17:30 h – 18:00 h. PRGF Endoret, biological conditions and injuries in sports

Dr. Paco Angulo.

18:00 h – 18:30 h. Debate.

Moderator: Dr. Sigifredo Miranda Leiva.

18:30 h – 19:30 h. Round Table. Management of injuries from the point of view of sports management. With EuroLeague doctors and sports directors.

Moderator: Dr. Gustavo Lucas Passos de Souza.

VIERNES 22 MARZO

SPORTS TRAUMATOLOGY

MORNING

09:00 h – 09:30 h. Epidemiology of basketball injuries. Prevention.

Dr. Pilar Doñoro Cuevas.

09:30 h – 10:00 h. Hand injuries. Fractures and dislocations of the fingers.

Dr. Carlos Irisarri Castro.

10:00 h – 10:30 h. Shoulder injuries. Shooter's shoulder.

Dr. Emilio López Vidriero.

10:30 h – 11:00 h. Injuries in the hip. Beyond pubalgia.

Dr. Juan Francisco Abellán Guillén.

11:00 h – 11:30 h. Coffee break

11:30 h – 12:00 h. Knee injuries. Femoropatellar pathology.

Dr. Cristóbal Rodríguez Hernández.

12:00 h – 12:30 h. Ankle and foot injuries. Plantar fasciitis.

Dr. Alfonso del Corral Salas.

12:30 h – 13:00 h. On field diagnostics of basketball injuries.

Dr. Gustavo Lucas Passos de Souza.

13:00 h – 13:30 h. Debate.

Moderator: Dr. Iñaki Garmilla Iglesias.

13:30 h – 15:30 h. Lunch.

AFTERNOON

15:30 h – 16:00 h. Applications of 3D prostheses in sports practice.

Xabier Sánchez.

16:00 h – 16:30 h. Muscle injuries Ultrasound Diagnosis and treatment.

Dr. Iñigo Iriarte Posse.

16:30 h- 17:00 h. Tendinous lesions. Ultrasound. Diagnosis and treatment.

Dr. Carles Pedret Carballido.

17:00 h – 17:30 h. Debate.

Moderator: Dr. José Antonio Lekue Gallano.

17:30 h – 18:30 h. Round Table. Medicine and sports traumatology in elite sport. With the participation of:

Dr. Mikel Sánchez Alvarez, Dr. Francisco Esparza Ros, Dr. Javier Barrio Martínez, Dr. Alfonso del Corral Salas, Dr. Alberto Fernández.

Carlos Coloma, Elena Loyo, Joseba Beloki.

Moderator: Dr. Iñaki Garmilla Iglesias.

18:30 h. Official closing ceremony.

MARCH 23, SATURDAY

WORKSHOPS

WORKSHOP	ROOM	HOOR	THEM	GIVEN BY
1	Florida	09:30 h - 11:00 h	Ultrasound (basic level)	Iñigo Iriarte and Carles Pedret
2	Florida	11:30 h - 13:00 h	Ultrasound (advanced level)	Iñigo Iriarte and Carles Pedret
3.1	Prado	09:30 h – 10:15 h	Theragun: percussion therapy in the preparation and recovery of physical activity	Jason Wersland
3.2	Prado	10:15 – 11:00 h	Fieldpower: new tolos for post-surgical rehabilitation. Return to play.	Peter Sempels and Sam Ysebaert
4	Armentia	11:30 h - 13:00 h	Effort test	Pablo Aranda
5	Mirador	09:30 h - 11:00 h	Diamagnetotherapy	Michela Galizzi and Santiago Gómez
6	Mirador	11:30 h – 13:00 h	Diamagnetic shockwave	Michela Galizzi and Santiago Gómez
7	Zabalgana	09:30 h – 11:00 h	Radiofrequency in musculoskeletal pathology	Juan Ramón González Gutiérrez

SCIENTIFIC COMMITTEE:

Dr. Javier Barrio Martínez. Sports doctor. Head of medical services of Alaves (Vitoria-Gasteiz).

Dr. Iñaki Garmilla Iglesias. Sports traumatologist. Laubidea Clinic (Vitoria-Gasteiz).

Dr. Francisco Esparza Ros. Director of the Master in Sports Traumatology at the Catholic University of Murcia (UCAM). (Murcia)

SPEAKERS:

Dr. Juan Francisco Abellán Guillén, sports traumatologist. Traumatology teacher in UCAM (Murcia).

Dr. Paco Angulo, sports doctor. Athletic Club Bilbao first team doctor. (Bilbao).

Dr. Pablo Aranda Paz, sports doctor. Responsible for IMQ sports medicine (Bilbao).

D. José M. Aznar, CEO at Baigene S.L. (Vitoria-Gasteiz).

Dr. Alfonso del Corral Salas, sports traumatologist. Director of the Traumatology, Orthopedics and Sports Medicine Unit at the Ruber International Hospital (Madrid).

Dr. Gustavo Lucas do Passos de Souza, sports doctor. Head of medical services of Baskonia (Vitoria-Gasteiz).

Dra. Pilar Doñoro Cuevas, sports doctor. Coordinator of the Medical Area of the FEB Spanish Basketball Federation (Madrid).

Dña. Michela Galizzi, physiotherapist and orthopedic therapist. (Italy).

Dr. Marina Gil Calvo. Department of Physical Education and Sports. University of Valencia. (Valencia).

Dr. Santiago Gómez García, sports doctor-traumatologist. Member of the Board of Directors of the Spanish Society of Shock Wave Treatments (La Coruña).

D. Juan Ramón González Gutiérrez, graduate in Physiotherapy at the University Alfonso X El Sabio. Sports physiotherapy in Real Madrid, Mirandés Sports Club, Deportivo Alavés. Bermon Sports Clinic. (Vitoria-Gasteiz).

Dr. Damir Hudetz, traumatologist. Head of service at St. Catherine Hospital Specialty. (Zagreb, Croatia).

Dr. Iñigo Iriarte Posse, sports rehabilitation doctor. ARS Medical Clinic. (Bilbao).

Dr. Carlos Irisarri Castro, traumatologist consultant Hand Surgery. Hospital HM-Vigo & Hospital Vithas-Fátima (Vigo).

Dr. José Antonio Lekue Gallano. Sports doctor. Head of the medical services of Athletic Club Bilbao (Bilbao).

Dr. Emilio López Vidriero, sports traumatologist. Medical Director of the ISMEC Clinic: International Sports Medicine Clinic. (Seville).

Dr. Sigifredo Miranda Leiva, sports doctor. Medical Services of Deportivo Alaves (Vitoria-Gasteiz).

Miguel Moreno Martínez, physiotherapist specialist in sports. President of the Spanish Association of Sports Physiotherapists (AEF-D), Las Gaunas Physiotherapy Center Director (Logroño) and Prof. Public University Navarra (UPNA).

Dr. Carles Pedret Carballido, sports doctor. Diagonal Clinic. (Barcelona).

Dr. Cristóbal Rodríguez Hernández, traumatologist and orthopedic surgeon. San Rafael Hospital. (Madrid).

Dr. Mikel Sánchez Álvarez, sports traumatologist. Founder and Clinic Director of the Unit of Arthroscopic Surgery-UCA. (Vitoria-Gasteiz).

Xabier Sánchez, biomedical designer and technical director at Mizar Health. (Vitoria-Gasteiz).

Peter Sempels, physical therapist and performance specialist. (Belgium).

Jason Wersland. Chiropractor. (Los Angeles. California USA).

Sam Ysebaert, physical therapist. (The Netherlands).

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